

Suggested Activities Around Sea Zen

We have put together a suggested itinerary **for up to 10 days** that gives you a great set of local experiences that you will give you a time to remember for years to come.

We also have additional options that you can swap in if they work better for you. Pricing is fairly accurate. It is all self-guided, we as owners make no commission from any activity.

Once you have considered the itinerary, we can help answer any questions.

Day	Activity	Cost
Day 1	<p>3pm Arrive Sea Zen Separation Creek from Melbourne Grab a coffee at Aireys Inlet near the Lighthouse on the way. Enjoy the fantastic coast drive.</p> <p>Have lunch at Wye General store, with best coffee on the Great Ocean Road</p> <p>Settle in to Sea Zen. Enjoy a relaxing Spa.</p> <p>Dinner at the Wye Beach Hotel overlooking the ocean</p> <p>Have a relaxing Steam Shower with aromatherapy before turning in for the night.</p>	2 x \$50?
Day 2	<p>An exciting start to the day when you take a spectacular scenic flight over the coastline to the 12 Apostles and loop back inland to get a preview of the next 10 days from the air. Flight departs from Apollo Bay, say 10 am after a coffee in the town.</p> <p>After the flight, lunch at La Bimba Apollo Bay. Discuss the upcoming truffle season with the owners.</p> <p>On the way back, see Carisbrooke falls in full flow, a few minutes from the carpark on the GOR.</p> <p>Dinner at the Pier Restaurant Lorne, overlooking the ocean.</p>	<p>2 x \$220</p> <p>2 x \$25?</p> <p>2 x \$60?</p>
Day 3	<p>Relaxing day at Sea Zen.</p> <p>Brunch at Wye General. Fishing from the rocks.</p> <p>Massage for two in Sea Zen.</p> <p>Dinner at the award winning Chris's restaurant Beacon Point Skenes Creek. One Hat standard with spectacular view over the coastline.</p>	<p>2 x \$100</p> <p>2 x \$100?</p>

<p>Day 4</p>	<p>12 Apostle Highlight Experience.</p> <p>8am depart for breakfast at Apollo Bay.</p> <p>Drop in to Maites Rest ancient forest walk (40 mins walk) on the way</p> <p>See the 12 Apostles before lunch – yes they are still fantastic, but get there early before the buses!</p> <p>Lunch at Timboon Distillery restaurant - our favourite</p> <p>Sample the local food experiences at Apostle Whey Cheese and GORGE chocolates</p> <p>Head for home and if you have time, visit Cape Otway Lightstation</p>	<p>2 x \$30</p> <p>2 x \$20</p>
<p>Day 5</p>	<p>Relax at Sea Zen. Fishing from the beach. Walk to Wye General.</p> <p>Drive to Forrest Brewery with lunch in café. Try the onsite craft beer.</p> <p>Takeaway dinner from Wye Beach hotel.</p>	<p>2 x \$25</p> <p>2 x \$17</p>
<p>Day 6</p>	<p>Breakfast with the birds – own cooked breakfast on the balcony.</p> <p>Morning - Apollo Bay shops. Shopping for local seafood at Fishermans Co-op, in preparation for evening Bouillabaisse meal at Sky Zen.</p> <p>Cook a Bouillabaisse– the famous fish stew from Marseilles, ask for our recipe used by Swissair for First Class passengers.</p>	<p>\$150 inc crayfish and wine</p>
<p>Day 7</p>	<p>Relax at Sea Zen</p> <p>Extreme Fish n Chips! Get takeaway fish and chips from the pub and a bottle of wine, grab our beach chairs, rush to the rocks at our beach and sit just metres from crashing waves, eat, drink, with adrenaline rushing!</p> <p>Own arrangements for dinner – Lorne/ Apollo bay</p>	<p>2 x \$17</p>
<p>Day 8</p>	<p>Self-drive through the Otways and see the hidden Redwood forest.</p> <p>Lunch at Ridge Café Beech forest</p>	<p>2 x \$25</p>
<p>Day 9</p>	<p>Relaxing day at Sea Zen.</p> <p>9.00 am Champagne and chicken breakfast on the rocks – rug up!</p> <p>Rest of the day free – Golf at Torquay?</p>	
<p>Day 10</p>	<p>Day with Otways Nature.</p> <p>Early start for morning ‘Paddle with the Platypus’ at Lake Elizabeth.</p> <p>Self-drive, coffee and cakes at Forrest Brewery.</p>	<p>2 x \$85</p>

	Drive on to Otway Fly. Treetop walk at highest treetops walk in Australia. Zip line run in the trees.	2 x \$115
	Alternative - Self-drive to Otway Lightstation and guided tour	2 x \$20
Day 11	Early morning relax at Sea Zen Depart Noon for Melbourne	

There are a number of alternatives that can be swapped for items in the sample itinerary above.

Full day Options

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| 1 | Day excursion to King Island.

Return flight from Apollo Bay. Bring back some crayfish and cheese!

Taxi tour of local town, optional extra | 2 x \$400

At cost |
| 2 | Fishing trip ex Apollo Bay. Half day fishing.

Subject to weather and minimum numbers. | 2 x \$85 |
| 3 | Day walk on Great Ocean Walk. Car shuttle with local transport. | No walk fees. |
| 4 | Self-guided drive through Otways to Hopetoun Falls, Redwood Forest, Maites Rest forest walk, Forest Brewery | Na |
| 5 | Bike ride on Beech trail. Rides from Beech Forest and Forrest township.

Local bike hire. | 2 x \$40? |

Short Activities

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| 1 | Glow Worm walk at night – Grey River Road. Self-guided. | Na |
| 2 | Tiger Moth Flights - Torquay Airport

Romantic flight for 2 – approx. 20 mins

OR

Extreme experience - aerobatics approx. 20 mins | 2 x \$160

OR

2 x \$350 |
| 3 | Wye River Bushwalk – steep climb along Wye Ridge to forest road, approx. 2 hrs | Na |

Wye River is a fabulous base - you can tour the best spots on the Great Ocean Road and the trip along the road is one of the world's best drives. We never tire of it.

And at the end of the day, no matter what you decide, you can always just relax inside Sea Zen. It is a great place to settle back and unwind with a glass of wine, the spa, the steam shower, the movies and our very comfy sofa.

Rex and Sibylle

Sea Zen